

THE PAW^{PRINT}

Fall 2018 • The Student Newspaper of LCCC • Vol. 5 No. 1

The Paw Preview

Opinion

To learn simple steps to become more eco-friendly, read Veronica Rosenberger's editorial in this issue. *Page 10*

Health & Fitness

Students unwind while gaining strength in yoga class. Read Victoria Mastroianni's article. *Page 14*

Style & Entertainment

The WXLV building expands to accommodate students working with game, digital, and web design. Read Lien Tran's article. *Page 18*

Wanted!

Do you want to see your name in print here in The Paw Print? Consider enrolling in Journalism (CMN 225) for the Spring 2019 semester. Help document student life and news while expanding your resume in the field of communications. Meet with your advisor and fit Journalism into your Spring schedule.

SGA elects new officers

Nico Peterson
Writer

The new president and vice president have officially been elected to the Student Government Association.

Nicholas Tatasciore and Roxanne Migliore are SGAs new president and vice president. Tatasciore is a Business Administration major hoping to be a stock market trader. Migliore is Social Work major with a criminal justice degree already looking to work for Homeland Security.

"Students represent students," Tatasciore states.

The SGA is a student-run association here on campus. Fifteen students are chosen to be senators and from them, a president and vice president are chosen to run the meetings for the year. Also elected are four chair heads to lead the four subcommittees: finance, advocacy, public relations, and programming which have their hands into all aspects of college life.

"They (senators) report what goes on in the committees to the SGA for student input, then report that input back to the committees," Migliore says.

The SGA is actively involved in organizing school events, like dances, and improving the campus itself, like the student lounge in the cafeteria.

The biggest project that SGA is undertaking this semester is renovations to the Student Union to make it a more student-friendly place. They are adding a professional working station to the lower level of the Union that is Skype and video conference ready for students to use at their leisure. They are also working out the specifics for a formal dance in Berrier Hall that will be happening this semester.

Students are encouraged to get more involved with the process of SGA and have a more personal touch to how the school runs.

"Student opinions matter most," Migliore says.

This semester is going to be exciting. Remember to check the school calendar to see what SGA is going to be doing this semester and keep an eye on the changes of the Student Union which should be starting in the next couple of months.

"Students represent students."



Nick Tatasciore, new president of SGA

"Student opinions matter most."



Photos Courtesy of Nico Peterson
Roxanne Migliore, new vice president of SGA

2 THE PAW PRINT

THE PAW PRINT Contact Information

Please direct all questions, concerns, and comments to the following address:
pawprint@lccc.edu

THE PAW PRINT Editorial Board

Editor

Veronica Rosenberger

Writers

Nolan Cope
Emily Johnson
Victoria Mastroianni
Hannah Mills
Nico Peterson
Devyn Pugh
Jayden Steward
Emily Strohl
William Tkaczuk
Lien Tran
Jordan Veppert
Jacob Zadravec

Advisor

Professor Ed Rabinowitz

Web Editor

Veronica Rosenberger

Follow The Paw Print on
Facebook, Twitter and
Instagram as
@LCCCPawPrint.
And check out the online
edition at
lcccawprint.net

Words from the editor

Veronica Rosenberger

Editor

Can I be totally honest and transparent with you guys?

I experience struggle and emotions when trying to write journalistic pieces. This is not uncommon to humans. It can be difficult to complete a puzzle of words when you have to get your point across using 300 words out of the whole dictionary.

Pressure is put on us to get goals done in a certain amount of time and to get them done in a quality that's up to par. The goals that put a strain on people are different for everybody since we all have different aspirations in life. Surely working to accomplish a goal that falls into the category of our passions, our bliss, things that we have fun with and lose track of time while doing, is less emotionally straining than choosing to work on something that we dread.

Even when we're doing what we love, it's natural to get discouraged.

How we deal with feeling discouraged is a big factor in how the end result of our project will be portrayed to the world. Do something with unconditional love for it, and that love will show.

Even when I try so much to write perfectly, I still feel weighed down when I'm unable to get the words on my paper to paint the picture that I have in my head.

There comes a time when your first attempt took all your energy and you need to take time to collect yourself. When you just poured your heart, soul and a few hours of your time into a written piece, or any creation of creative expression, it can be a challenge just to walk away from it. There is a desire for accomplishment that is so powerful that it can run you dry. Don't let it.

Give yourself a break, guys.

Taking a break and coming back to your masterpiece is a chance to recharge, not a sign of inability.

When you're no longer looking for the perfect words, you may find that the words come to you. Then, it's time to go back and revise, revise and repeat. I've learned that writers can revise their work time after time and still find alternatives to the words they chose. Perfection is an indefinite state for artwork because as perceptions change, so does the perceived quality of the work.

However, if we sew our emotions into the seams of our creations, they become powerful influences. The people who are meant to hear the message in the masterpiece will gravitate to it and will be changed by it. Writing, painting, and creating with the intention of speaking your truth creates the ability to plant seeds in the minds of your audience, seeds which could eventually grow if continued to be attended to. Even the littlest steps people take to change make a big difference.

The potential result of writing for a newspaper, blog or any form of media outweighs the initial struggle for perceived perfection.

If you have a passion for something that you want to give to the world for everyone else to experience as magically as you do, consider writing for The Paw Print.

Veronica Rosenberger



Information & Policies

THE PAW PRINT is a student-run campus newspaper, printed to bring its students and community comprehensive coverage of the news and events affecting our campus. The editors encourage interested students to become involved in the production of The Paw Print. Interested students should contact the newspaper via email (pawprint@lccc.edu).

Students and community can also access

THE PAW PRINT online. The newspaper will be updated twice per semester. PDF forms of the printed newspaper will also be accessible shortly.

The editors and advisors are the decision-making body of the newspaper and govern its operations. The paper is dedicated to accurately reporting on the activities and proceedings on campus and in the surrounding areas. Opinions and views expressed in the newspaper are those of the journalists and editors, and do not necessarily reflect the views of Lehigh Carbon Community College.

THE PAW PRINT reserves the right to make changes and corrections as they are deemed fit, and will not promote or advertise any illegal products or services. The newspaper will not invade the privacy of people, involved or likewise, and will not print anything deemed libelous or in poor taste.

THE PAW PRINT editorial policy reflects the ethics of college journalism. The paper, both as a whole and as the journalists individually, strive to protect and uphold this policy at all costs.

Recycle this paper please.

news&features

Explore your entrepreneurial side

Nolan Cope
Writer

Leadership, entrepreneurship and innovation are just a few of the things that the Business Enterprise Center aims to install in the minds of students at Lehigh Carbon Community College.

The center is led by Tremayne Tatem. Meetings are held every Wednesday in ARC 100, and on the Tamaqua campus the meetings are held in the Scheller Center.

The mission of the Business Enterprise Center is “to help facilitate young entrepreneurs or people who are simply interested in business to develop their ideas, launch current business forward, gain experience in leadership positions, and build resumes through workshops and volunteer work.”

“Developing the mindset that not everything is A to B is crucial; innovation comes from the messiness in between,” Tatem said. “We believe that beauty can be made out of chaos.”

Tatem said the overall goal of the Business Enterprise Center is to develop students into motivated, ethical, and dynamic business leaders by holding events, workshops, and competitions.

In October, the BEC hosted a two-day business boot camp that featured a number of keynote speakers, who provided insight and guidance to students to develop their business ideas.

Each student who attended the boot camp was given an opportunity to pitch their business ideas to a panel of professionals, who provided feedback

and constructive criticism.

The boot camp was intended to prepare students for another event, the LCCC Idea Pitch Challenge, which is held in April. A “shark tank” style competition, the Idea Pitch Challenge will provide an opportunity for students to join a team and pitch their idea in a presentation to a panel of judges. They will have a chance to win valuable prizes along with feedback to potentially move forward in developing their business idea.

Any student who is interested in participating in any events held by the BEC, or anyone simply looking for more information, can contact Tremayne Tatem at ttatem@lccc.edu.



Photos courtesy of Tremayne Tatem

Above: Tremayne Tatem (center) with the participants of the 2018 LCCC Idea Pitch Challenge.

Left: First place winners of the 2018 Idea Pitch Challenge



Lehigh Carbon
COMMUNITY COLLEGE

TEACHER EDUCATION

& Early Learning Center Lab School



- Serving children ages 3 to 5 years old.
- 8 a.m. to 12:30 p.m., Monday through Friday year round.
- Open to the community and to LCCC students and staff.
- Proudly serving our community since 1972.
- Pre-K Counts program, 9 a.m.-noon and 1-4 p.m. Free to income-eligible families.

LCCC
Early Learning
Center
PRESCHOOL PROGRAM



Schnecksville campus • 4525 Education Park Drive
www.lccc.edu/ELC | 610-799-1165 | elipman@lccc.edu

4 THE PAW PRINT

Succeeding in college as a cancer survivor

Emily Johnson
Writer

Mary Dalton, age 15, receiving cancer treatment.

For many young adults, college is a crucial period of time in their life. Students often feel an immense amount of pressure to succeed in the classroom and balance other aspects in their college life, including work, social activities, and relationships. However, most students aren't struggling with the adverse effects of being a cancer survivor.

Mary Dalton, a student at Lehigh Carbon Community College, was diagnosed with Ewing's Sarcoma cancer at the age of 14. Ewing's Sarcoma is an extremely rare bone cancer found in young individuals from ages 10 to 20. After two years of undiagnosed pain in the left side of her rib cage, the doctor ordered an x-ray which revealed the cancer had spread to her rib cage, lungs, and chest wall diaphragm. Dalton went through 14 rounds of chemo, two weeks of radiation, and four surgeries before she was officially declared cancer free at the age of 15.

"For someone who has survived cancer, you want your life to get started as soon as possible," Dalton said.

Dalton's journey as a cancer survivor has allowed her to experience opportunities she never knew were possible, including coming to LCCC as a dual enrollment student. Due to the duration of her cancer treatments, she was forced to miss an entire academic year. However, LCCC offered her an opportunity to not only graduate on time, but to advance ahead of her peers and earn college credits.

Despite her academic achievements, Dalton still continues to struggle with everyday activities such as reading or studying for an exam. Her goal at community college is to challenge herself, both mentally and physically while being in a college setting.

"Life is tough, but I'm tougher," Dalton said.



Mary Dalton, age 17, cancer survivor after two years of being cancer free.

Photos courtesy of Mary Dalton

Volunteer at the Sanctuary at Haafsville

Victoria Mastroianni
Writer

As students, many of us are looking for opportunities to volunteer and give back to our community. If you are an animal lover, The Sanctuary at Haafsville, located at 901 Nestle Way Breinigsville Pa, is always accepting new volunteers to help give their animals the love and care they deserve.

On The Sanctuary at Haafsville's website, the organization explains how to become involved and the expectations of volunteers.

"We are looking for volunteers that can be scheduled for ongoing, regular, 2-3 hour weekly or bi-weekly shifts. The minimum requirement for initial volunteers is to commit to these regular hours for at least a 3-month term after signing up."

"We are looking for volunteers that can be scheduled for ongoing, regular, 2-3 hour weekly or bi-weekly shifts."

The website also notes that, "Volunteering is a mutually beneficial arrangement for both the volunteers and the animals. Though volunteers will of course care for the animals; the animals also give back to volunteers. Through the animals' gentle presence, individuals and groups can gain peace and a sense of purpose."

Zoie Kassis has volunteered at the Sanctuary at Haafsville while attending

LCCC.

"I wanted to create space in my life to give back and spend time with animals," Kassis said. "My typical shift involved rotating with my partner between walking a dog around the trail, which is a beautiful walk, while cleaning crates and swapping out food and water. We also administered medicine if necessary which was super cool."

What about the challenge of fitting in a weekly/biweekly shift on top of having school?

"There are three shifts a day to choose from so I picked Wednesday morning and that fit perfectly with my school schedule," Kassis said. "It truly is a magical place and anyone can benefit from some pet therapy."



YOUR FUTURE BEGINS WHERE YOU FINISH

UNLEASH YOUR INNER HUSKY at Bloomsburg University!

Our friendly campus community is ready to help you *keep moving forward*. With 57 majors and 66 minors, you can **achieve personal and professional success** through experiential opportunities that complement your classroom education, plus you'll have **access to state-of-the-art technology and hands-on learning** that will help you stand out in the job market.



Credit Evaluation Upon Admission • Immediate Access to Career Services
Start Your Path to Success with Less Debt • Guaranteed On-Campus Housing
Off-Campus Transfer Student Housing Grant Opportunity

Apply early for priority consideration

LEARN MORE AT bloomu.edu/transfer

**CONTACT ADMISSIONS AT buadmiss@bloomu.edu • 570-389-4316
OR YOUR TRANSFER RECRUITER AT lmeter@bloomu.edu • 570-389-5489**

6 THE PAW PRINT

Knowing sign language is a great skill

Lien Tran

Writer

According to the World Health Organization, there are 466 million people in the world who are deaf. And according to John Adro, Aid Specialist in Chennai, India, there are over 70 million people who are mute. That means the existence of sign language is very significant.

Communication is a key to life – but how are we going to communicate with those who are not able to speak or hear like we do? We are learning different languages to communicate with people from different countries and cultures. However, why aren't we trying to learn to interact with people from the deaf and/or mute culture?

It is great when junior high and high

schools teach students foreign languages. Nonetheless, it will be much better if they also teach young students sign language.

Professor Karen Fehn is an American Sign Language instructor at Lehigh Carbon Community College, whose husband has a hearing impairment.

"I feel that ASL class should be a school and college requirement," she said. "It's not if, but when you encounter a deaf person."

Her husband, Ed Fehn also shared his thoughts on people who have family members who are either hearing impaired, deaf or mute, but not willing to learn to sign.

"It's very sad," he said, "because I feel my parents could have helped me learn

when I was young."

"If you know someone who is deaf, learn to sign with him or her," Karen Fehn said.



Ed Fehn, husband of Karen Fehn, signing.

New recording room available to students

Hannah Mills

Writer

A new Presentation Station opened for students at the Rothrock Library this fall at Lehigh Carbon Community College.

The Presentation Station is a room set up with video and audio recording equipment, so that students can do homework or other sound recording projects.

One of the goals for this room is "technology that is easy to use," Rick Paterick, Coordinator of Public Services at the Library, said.

"We wanted to create a space for students where you guys would be able to do a variety of things that you were asking for," says librarian Elizabeth Erwin. "Things like practice speeches, practice debates, even just if you wanted to give a presentation and you wanted to know how you were going to look in front of your peers."

Some additional projects that the room can be used for are portfolio building, and Power Point practice. Students can also come to the library if they need to record projects for distance learning classes.

When a student comes to record

something it would be helpful if they come with a USB drive, but if they do not have one the library can check one out to them just like a student would check out a book. The library staff is also available for questions and support.

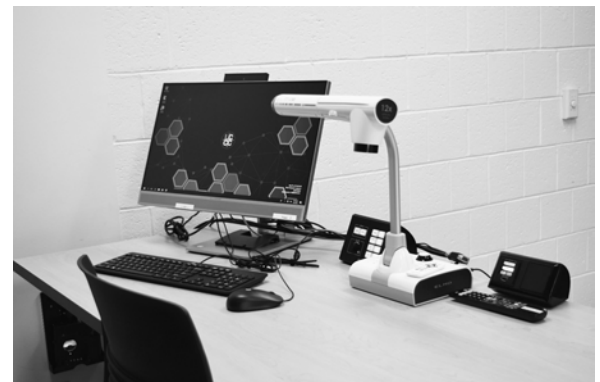
This room is available for students, faculty, staff and community members at no charge.

The Presentation Station is located on the upper level of Rothrock Library near the library desk. It is available for use anytime the library is open.

Rothrock hours are Monday – Thursday, 7:30 a.m. - 9:45 p.m., Friday, 7:30 a.m. - 5 p.m., Saturday, 8 a.m. - 1 p.m., and closed on Sunday. Check online for additional information for library hours on holidays.



The new Presentation Station at Rothrock Library



Recording equipment in the Presentation Station



I M A G I N E

Forward-thinking job-growth degrees

COLLEGE OF ARTS, HUMANITIES AND

SOCIAL SCIENCES: Communication Studies, Criminology, Digital Design and Media Art, English, History, Individualized Studies, International Studies, Musical Theatre, Neuroscience, Philosophy, Political Science, Public Administration, Psychology, Sociology, Spanish, Theatre Arts, Theatre Design and Technology

COLLEGE OF SCIENCE AND ENGINEERING:

Biochemistry, Biology, Chemistry, Computer Information Systems, Computer Science, Earth and Environmental Science, Applied Engineering, Electrical Engineering, Environmental Engineering, Engineering Management, Environmental Science, Geology, Mechanical Engineering, Mathematics, Medical Laboratory Science, Physics

SCHOOL OF EDUCATION: Elementary and Early Childhood Education (Pre-K-4), Middle Level Education (4-8), Secondary Education

NESBITT SCHOOL OF PHARMACY: Pharmacy

PASSAN SCHOOL OF NURSING: Nursing

SIDHU SCHOOL OF BUSINESS AND LEADERSHIP:

Accounting, Corporate Finance, Entrepreneurship, Financial Investments, Hospitality Leadership, Management, Marketing, Sports Management, Supply Chain Management

PROGRAMS: Pre-dentistry, Pre-law, Pre-MBA, Pre-medicine, Pre-occupational therapy, Pre-optometry, Pre-physical therapy, Pre-physician assistant, Pre-podiatry, Pre-veterinary, ROTC

Learn more at
www.wilkes.edu/transfer



Wilkes University

8 THE PAW PRINT

Wellness conference will be held at LCCC

Jordan Veppert

Writer

A Sexual Health, Intimate Relationships and Wellness Conference will be held Friday, October 19 in the Scheller-Woodman Community Center on campus.

Registration and a continental breakfast will begin at 8:30 a.m. The all-day conference is free to students, faculty, administrators and members of the community and will conclude at 3 p.m.

Registration can be done online at <http://www.lccc.edu/student-experience/sexual-health,-intimate-relationships-and-wellness>.

There will be afternoon breakout session workshops that will discuss topics such as Sexual Health for the LGBTQ Community, Defining and Building Healthy Relationships, Human Trafficking in the Lehigh Valley, Gender Norms and College Students and Mental Health.

The first keynote speaker is research



fellow, Justin Lehmler, Ph.D., of the Kinsey Institute at Indiana University, who will be addressing "Tell Me What You Want: How to Communicate Sexual Desire and Maintain a Healthy and Satisfying Sex Life." Lehmler also runs a blog, Sex and Psychology, and is the author of a new book, Tell Me What You Want: The Science of Sexual Desire and How It Can Help You.

Lehmler has been honored by Harvard University three times with the Certificate of Teaching Excellence.

In the "about me" section of Sex and Psychology, Lehmler says that his blog is not opinion-based but is "rooted in science and actually cites the original

research sources."

A second keynote speaker will be provided in the afternoon by Collegiate Empowerment from Easton, Pa., entitled "Zero Shades of Grey", addressing sexual assault and awareness.

National Alliance on Mental Health, Lehigh Valley Chapter of the American Foundation for Suicide Prevention, Turning Point of the Lehigh Valley, Crime Victims Council, Valley Against Sex Trafficking and Bradbury-Sullivan

LGBTQ Community Center will be several of the organizations attending the conference. Register today.



Baseball team offers a helping hand

Nolan Cope

Writer

For the second straight year the Lehigh Carbon Community College baseball team will continue their transitional housing project with the Sixth Street Shelter in Allentown. This year, Coach Darrin Lenhart and the baseball team are tasked with giving one of the apartments a complete makeover to make it as comfortable as possible for every new family that moves in.

"All the hard work they put in ensures that a family will have a roof over their heads, food, and even presents for the holidays."

"We are really proud of our guys for the work that they've put into our transitional housing project so far," Lenhart said. "All the hard work they put in ensures that a family will have a roof over their heads, food, and even presents for the holidays."

The Sixth Street Shelter provides temporary housing for the homeless families in the Lehigh Valley. It is the only shelter in the Lehigh Valley that offers homeless families the privacy and security of a furnished apartment, complete with a full kitchen.

Today, the shelter consists of 25 apartments which are available to families in need. Every year Lenhart and his players give an apartment a makeover which includes painting, cleaning, and putting in new furniture donated from members of the team.

"Our mission is to help people who have run into difficult situations stand back up on their own two feet and become self sufficient," Megan Barker, a counselor at the shelter, said. "During their stay, family members work with the shelter's

caseworkers to design a goal plan, which includes a search for permanent housing, life skills education, and a budget plan."

The LCCC baseball team will revamp its project starting this November, where they will prepare a new apartment for an additional family in need.

Nino Encarnacion, Toby Sander, Nolan Cope and Gianni Sinatore finish up painting an apartment in the Sixth Street Shelter.



LEHIGH CARBON COMMUNITY COLLEGE BOOKSTORE

the best place for...

BOOKS

rental, digital,
new, used

GEAR

head to toe
Cougars

LIFE

gifts, snacks,
and supplies



ORDER ONLINE, SHIP TO STORE FOR FREE!

LEHIGH CARBON COMMUNITY COLLEGE BOOKSTORE

2nd Floor ARC Building, Main Campus

610.799.1126 | LCCCSshop.com

Opinion

Reducing our Lehigh Carbon footprint

Veronica Rosenberger

Editor

It is important for students to take action every day to reduce the amount of harm inflicted on Earth, no Environmental Science degree required. We live in an environmentally irresponsible world with unnecessary plastic packaging, with gas-fueled transportation and, for students especially, the use of a large amount of paper.

The life of a student is full of distractions which can potentially limit them from living an environmentally conscious life. When exhausted students dispose of their plastic coffee cup into a trash can or worse, out the car window into a forest, the cup is out of sight and therefore out of mind. How much rubbish can the world take, literally?

The school is taking large steps to become a greener campus, but the rest is up to students. The Sustainability Committee is responsible for setting eco-friendly goals for the campus as a whole. Some of the more significant projects have been offering a helping hand to S.T.E.M. Club with the creation of the Pollinator Gardens in an effort to fight

the decline of pollinator populations; installing LED lighting which is energy-efficient; and pushing use of recycling bins and refill stations located around campus.

The Recyclateria in the Fowler Education Building is where school appropriate items can be donated to or picked up from, keeping items out of the landfill and reducing the need for buying new things. Items like coffee mugs, umbrellas, and lamps are available to anyone who needs them at no cost. The Recyclateria is located across from SH 145.

Now more than ever, it's crucial that students start watching their waste. The plastic utensils from lunch, whether bought in the cafeteria or off-campus, can be replaced by a reusable fork and spoon brought from home. Investing in a few reusable glass or bamboo straws will save many plastic straws, which are difficult to recycle and use valuable, limited resource to produce. Bringing a reusable water bottle from home and filling it at the refill stations saves the life of a water bottle currently sitting on



Photo by Veronica Rosenberger
The wall above The Recyclateria, the word "recycle" made from plastic.

a store shelf somewhere from its tragic death in the trash can, or slightly better, a recycling bin. Reusable water bottles are green not only because they're eco-friendly but also green because they're economically-friendly. Not needing to buy a single-use water bottle costs less than buying one.

Save money and the environment by limiting what you buy. Use what you already have. There is no planet B. We only have one planet, let's not trash it.

Responsible consumption helps humanity

William Tkaczuk

Writer

It's worth taking a serious approach to investing not just in your future, but the future of our planet and species. Being a conscious consumer is more than just purchasing expensive items and assuming that they're higher quality, it extends to every aspect of your life. It's important to know where your goods come from, what goes into their creation, and what can be done to reduce the impact we have on our environment. This sounds like an unnecessary amount of effort to put into the way we shop, but society can only withstand a throwaway culture for so long.

How many notebooks have you thrown away despite them still having pages inside? How many useable writing implements have you discarded or lost track of and thought nothing of it? Little things seem negligible, but we all contribute to unnecessary waste in some way that could be avoided. Little things accumulate in a big way. Being more active in our environment by making an effort to purchase as much as we can locally, donate what we don't use, and properly disposing of waste alleviates the stress we put on the planet and each other.

How can college students help? Start by using what we have until we can't anymore. This seems obvious, but we've all been guilty of succumbing to the allure of new things when what we have is still useable. We can also incorporate more previously used items into our arsenal, whether it be by shopping at thrift stores for clothing with quality construction or by buying secondhand electronics when shopping for laptops or tablets. Things that worked years ago worked fine then. Are they different enough now to justify introducing new potential waste to the world?

Join us for 1 day... 3 events!



ZUMBA instructors:
Caressa James



Tessy
& Pedro



Jonathan
& Alexis



Halloween Themed (Costumes Welcome)

5k Run/Walk & Zumba

for Education & Hunger

Students
ONLY \$5
per event

Fall Festival Activities

Vendors & Crafters • Shopping • Horse & Carriage Rides • Food • Fun Children's Activities

Saturday, October 27, 2018

LCCC Main Campus, 4525 Education Park Drive, Schnecksville, PA 18078

Run/Walk starts 9 a.m. Zumba starts 11 a.m.

Student entry fee: \$5 each 5k/Run/Walk or Zumba

Fall Festival 9 a.m. - 4 p.m. (FREE admission and activities)

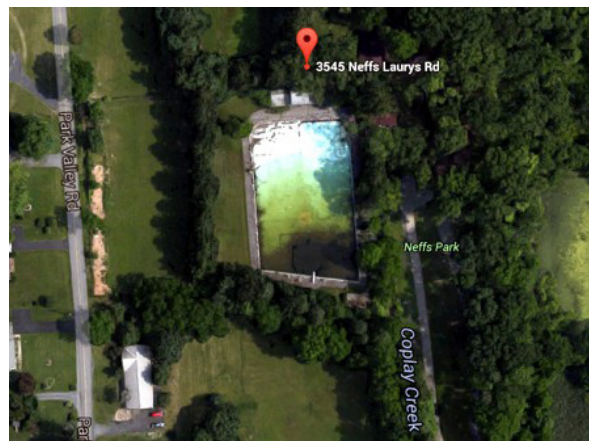


www.lccc.edu/5K-Zumba

Register. Sponsor. Donate.

For more information: 610-799-1929 or jwilchak@lccc.edu

PERM57A-w-01



Neff's Valley Park from Google Maps

Neff's Valley Park

A large disc golf course is perfect for students to go to this park with a friend. There are buildings that creeks run under and pavilions for students to sit under and read their textbooks.

Neff's Valley Park is located at 3545 Neff's Laurys Road, Schencksville.



Photo by Veronica Rosenberger
Church Spring Park's sign eco-rich with ivy

Church Spring Park

Located at approximately 3879 Bellview Road, Schnecksville, exists a small park overgrown with beautiful ivy. This park contains walking trails and a few picnic tables. In 1976, Boy Scout Troup 57 developed the park under Neffs Union Church. This park is two and half miles away from LCCC's Schnecksville campus.

IN FOCUS

Get out and smell the roses

Veronica Rosenberger Editor

No one needs a breath of fresh air more than busy students and their even busier professors. Spending time outside of a building in the sunshine can improve a person's mood by boosting their vitamin D production. As the air cools, getting outside offers a refreshing break from the mundane everyday tasks and opens up a window for a more enriching experience.

Autumn undoubtedly brings a beauty to nature that is only here for a limited time. As the amount of time the sun shines decreases during this time, so does the plant's energy source. As the chlorophyll in the leaves break down, the other colors shine through. The outside world turns a breathtaking mosaic of yellow, orange, and bright red. Many students have a period of time in between two classes, the perfect time to take advantage of the opportunity to witness the beauty of seasonal changes.

There are gorgeous parks accessible to Lehigh Carbon Community College. All it takes to get there is a few minutes driving, and the decision to get up and go. The reward outweighs the energy it takes to make that decision. Get out and enjoy local attractions.

LCCC expects students to respect the parks recommended in this article, asking students use trash cans if they are available or bring trash back with them. Please no littering.

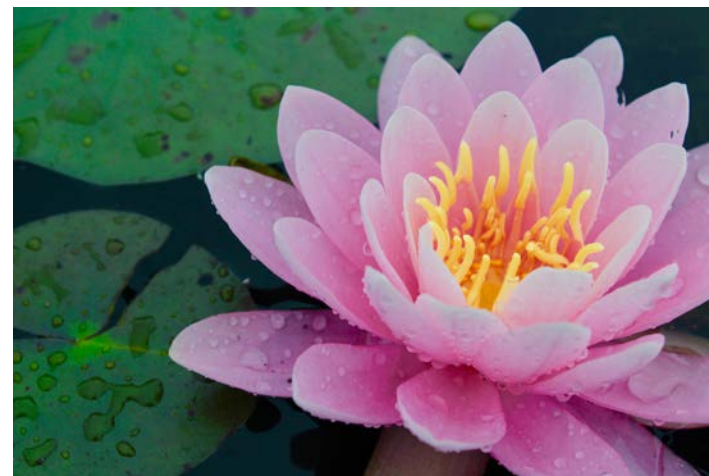


Photo by Veronica Rosenberger
Pink water lillies bloom mid-august to late september.

Johnson's Pond

Johnson's Pond, or as it should be titled, Johnson's Ponds, is a park located on Coplay Creek Road. There are two huge ponds, a creek, native wildflowers, and wildlife.



Photo by Veronica Rosenberger
Guth's covered bridge with creek underneath

Guth's covered bridge

Ten minutes from Lehigh Carbon Community College, located at 3400 Iron Bridge Road in Allentown, is Guth's Covered Bridge. There is a soccer field and creek here but the main reason to visit is to take in the sight of the old red covered bridge. When cars drive through, the sound imitates a wood roller-coaster. Because there is not enough room, only one car can go through at a given time. On the same road as Guth's Covered Bridge is a large iron bridge which cars drive under to get to the park from Cedar Crest Boulevard.



Cement kilns at Saylor Park

Saylor Park

Located 15 minutes away from LCCC is Saylor Park. There are 90-foot cement kilns that were built in the 1980s out of red brick. The kilns date back to the 1890s. Visitors can read about the unique history of this park, so expect to learn something when visiting here. This park is located at N. 2nd Street, Coplay, Pennsylvania.

health&fitness

Come unwind in yoga class

Victoria Mastroianni
Writer

From building strength and flexibility to relaxing and becoming in tune your mind, body, and soul, yoga provides endless benefits that may help guide your way through this chaotic semester. Lehigh Carbon Community College offers a yoga class run by Professor Lynn Brolly, who offers the inside scoop on her journey as a yoga teacher which began in 1998 when Brolly got certified at Sivananda Yoga School in California.

When asked how yoga has impacted her life Brolly said, “Yoga has helped me grow, heal, move, learn, teach, express myself, help others, and make a living for all these years. The practice impacts who I am, and everything I do. It is integral to myself.”

Brolly also shares what students should expect to do and learn in her class.



“Students will learn basic yoga postures, theory, breathing and learn mindfulness meditation,” Brolly said. “I try to make the class enjoyable and

beneficial for everyone, no matter what shape you are in. Everyone is welcomed, and honored, and asked to do their best. Beginner and Intermediate classes are held at the same time. The second time around, a student may enjoy the poses and get deeper into their own practice, but the curriculum is the same.”

LCCC student, Zoie Kassis, who completed Professor Brolly’s yoga course last year, raves about the experience.

“I absolutely recommend this class to anyone required to take a physical education elective, it is both a fun and relaxing start to your day,” Kassis said. “I continued to practice yoga after the class and started attending a yoga studio in my area.”

Learning mindfulness for academic success

William Tkaczuk
Writer

Our minds are rarely given the chance to rest, racing from one thought to the next. Full course loads and accumulating assignments have a constant place in our psyche. We think of the mind as a resilient part of ourselves that’s constantly with us, but consciousness should be thought of as a muscle that shouldn’t be strained. Any physical part of our body treated that way would be overstressed and could eventually fail, which is why recovery is important after exercise.

Practicing mindfulness through meditation is only one way of giving your mind rest; it assists in better understanding why you make your decisions, which in turn helps you understand and empathize

“The stressful times when you don’t feel like you have time to meditate are the times when you may need it the most.”

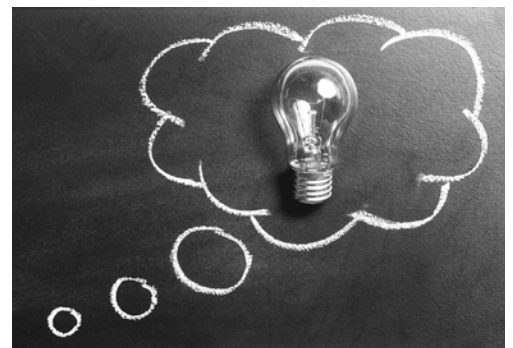
with others. It takes that subconscious feeling of dissatisfaction that is inherent in all humans and gives it a voice, allowing you to take stock of the actual situation of your life, free from distraction. The goal of mindfulness is to make the unconscious conscious and help rid ourselves of the mental habits we’ve developed that hinder our ability.

But what is meditation? There’s a good chance that the word makes you think of a monk sitting cross legged with an air of superiority. It isn’t about contemplating your navel or chanting secret syllables, and you don’t have to dress a certain way or shave your head.

“Meditation is a practice,” says Wendy Barron, Professor and Coordinator, Media Communications and instructor of LCCC’s “Mindfulness for Academic Success”, a class offered during the last ten weeks of the

upcoming Spring semester. “Like any sport or skill it has to be maintained. The stressful times when you don’t feel like you have time to meditate are the times when you may need it the most.”

We all experience stress in our lives, often multiple times a day, especially as students. Why not take advantage of a practice that could make these challenging moments more manageable?



Disabled children step up to the plate

Emily Strohl
Writer

Baseball is such a fun sport for people of all disabilities to play. That is exactly what the Miracle League of the Lehigh Valley emphasizes.

The baseball program was started in 2006 to help children with disabilities in the local community to have an amazing experience.

"Exposing the community to the distinct needs of special needs children guides the Miracle League in developing stronger relationships between typical and special needs families," say the founders of the Miracle League Lee Butz, Linny Fowler, David Jaindl, and Kostas Kalogeropoulos.

The program hosts many different events throughout the year. There are baseball games that the children, teenagers and young adults participate in. There also are holiday parties such as a Halloween Bash and a Christmas Party.

The Miracle League of the Lehigh Valley is looking for volunteers to help

set up both the Halloween Bash and the Christmas Party. The Halloween Bash will be taking place on October 24, 2018 at Jaindl Family Park in Schnecksville, PA. Volunteers are asked to arrive at 1 p.m. The Bash is a time for the baseball players and their families to dress up and go to different vendors trick-or-treating.

The Miracle League asks each of the vendors if they are able to buy the players Christmas gifts for the party in December. The maximum amount of money that is to be spent on each player is \$20 for 200 players.

The Christmas Party will be taking place on December 15 from 10 a.m. to 1 p.m. at DeSales University. Volunteers are needed for this event for set up and are also needed throughout the event with different areas such as crafts.



The sky view of Jaindl Family Park during the day captures the brand new playground and the field that is special made for the players. Courtesy of Miracle League Lehigh Valley

If you are interested in volunteering, please contact Kristy McKeever at kristymckeever@miracleleagueelv.org.

H.S. hosts annual childhood cancer games

Emily Johnson
Writer

The Angel 34 Foundation held its 15th annual childhood cancer olympics at Northampton High School's athletic field on September 23.

The Angel 34 Foundation was founded by Nicole Sheriff, a Northampton High School athlete who died at the age of 15 from Ewing's Sarcoma. When Sheriff was battling with cancer at the age of 14, she became inspired to help other families who were in a similar situation. Sheriff took it upon herself to raise funds through her ICEE machine program which provided relief with the side effects of chemo and radiation treatment for cancer patients.

After Sheriff passed away in 2004, her parents, Doug and Linda, promised to continue with the foundation and carry the spirit of Nicole in their efforts to raise awareness for pediatric cancer. Since then, Angel 34 has added on several events, including the childhood cancer olympics which is named after Nicole,

called the Nicole Sheriff Lacing Up for Childhood Cancer.

Each year, athletic teams from District 11 of the Pennsylvania Interscholastic Athletic Association (PIAA) come together to participate in the games from all over Eastern Pennsylvania.

In addition to the games, this year's event had music, arts and crafts, and a selfie booth. The Angel 34 Foundation also brought out the Phillie Phanatic for an appearance at the beginning of the event.

"The purpose of the event is to have fun, help raise awareness for a serious disease, and help raise money to support programs that these families need," Doug Sheriff said.

Students interested in volunteer opportunities can get involved by participating in one of

the annually held events. For students over 21, Angel 34 welcomes college students to volunteer at the Wine and Food Festival that the foundation hosts annually.

"To us, it's not about donating money, it's about volunteering time that is the most precious gift you can give," Doug Sheriff said.



Photo courtesy of Mary Dalton
The girl's field hockey team from Easton High School participates in the childhood cancer olympic games on September 23.

Staying informed about campus safety

Hannah Mills
Writer

Safety is very important to everyone at Lehigh Carbon Community College.

“The biggest thing that people on this campus can do whether they’re a visitor, a student, staff member, or faculty member is that they see something, say something,” says Jim Surgeoner, the Director of Public Safety.

To report non-emergency concerns or leave comments, you can fill out a form on the LCCC website at <https://www.lccc.edu/about-lccc/safety-and-security/comments-and-concerns>. To contact Public Safety call 610-799-1169.

Surgeoner also strongly recommends that all students sign up for the e2campus alerts. These alerts are used for any weather delays but would also be used in case of an emergency. They are free and will instantly alert students by email and text. You can opt into these alerts from your portal page at myLCCC.

If an emergency does occur, the first thing you should do is call 911. If you are

inside a building there are multiple emergency phones with immediate access to the security department. And if you are outside the building, there are emergency call boxes located all over campus particularly near the parking lots.

Student IDs also have a list of emergency numbers on the back as well if you are not sure who to contact.

Each person on campus has a responsibility for their own safety and the safety of those around them.

“It’s a team effort,” Surgeoner says. “The administration, the department of public safety, students, staff, faculty, everybody’s got a hand in this.”

As each individual chooses to do their part for public safety, the campuses will continue to be a safe environment for everyone.



An emergency call box located outside the Rothrock Library on the Main Campus.

For further information about LCCC campus safety you can view the website at <https://www.lccc.edu/about-lccc/safety-and-security>.

Free counseling services offered at LCCC

Devyn Pugh
Writer

There are a lot of great services offered to the students of Lehigh Carbon Community College. You may be aware of some of them including, the cafeteria, the advising center and even the library. There is one that you may be unaware of or, maybe you know about

but you don’t know much about what it entails.

The Counseling Center at LCCC is available to all students, faculty and staff. All services offered at the counseling center are completely free. The counselors offer sessions to students who may be having trouble transitioning into college. They may also refer students to outside resources if they feel the student needs more help. Even students who may need temporary leave from school can go to the counseling center for help. Brian DeLong, the director of counseling and community standards at LCCC, has been working at the counseling center since 1994. He is not a counselor, but he oversees everything that happens at the center.

“We do have students who just pop in,” DeLong says. “Not even to talk to

All services offered at the counseling center are completely free.

a counselor. They just come in and just have a couple of questions. We are here for that.”

There are two full time counselors, and the only service they can not provide is prescribing medication. Students will have five to six sessions or more with a counselor, and if the counselor feels the student needs more than what they can offer, they will refer them to outside sources.

“We try and keep it more county specific,” DeLong adds. “...as opposed to a specific person because that can get a little unethical.”

Each student, faculty and staff member may be going through something that they may not be able to figure out by themselves. The Counseling Center at LCCC will help.



Photo courtesy of LCCC
The Counseling Center is located in the Student Services Center on the Main Campus.

Open More Doors with a Bachelor's Degree from Muhlenberg College

Continue Your Academic Journey With Us...

Many of our successful graduates came to study with us after first completing an associate's degree at Lehigh Carbon Community College.

The Wescoe School offers quality programs at costs competitive with other local four-year institutions. In addition, many of our students qualify for financial aid, military benefits and/or employer-based tuition reimbursement for which we provide tuition deferment.

Ask about our scholarship for LCCC students!



.....
“Like any adult student continuing her education at a new institution, I had many questions in anticipation of the transfer process. I can honestly say that earning my associate's degree at LCCC in 2015 more than prepared me for upper level classes and the Wescoe School eased all of my worries, making the process simple and exciting!”

*Laura P.
Allentown, PA
Muhlenberg College '19*

.....



Muhlenberg College
Wescoe School of
Continuing Education

To schedule a personal advisement session on the LCCC campus or at Muhlenberg, contact the Wescoe School's Enrollment Outreach Manager Samantha Anglestein at 484-664-3029 or sanglestein@muhlenberg.edu.



Welcome vets! We are a Yellow Ribbon and Military Friendly School.

wescoe@muhlenberg.edu • 484-664-3300 • muhlenberg.edu/wescoe

style & entertainment

Benefits of the improved WXLV building

Lien Tran
Writer

The WXLV building at Lehigh Carbon Community College is getting a whole makeover, being renamed the WXLV Media and Design Center and becoming a more usable place for faculty and students.

For years, the WXLV building has been used as a radio station, recording studio, and a place for students to get



A worker during the renovation of the WXLV building

their work done. Now, the goal is to expand the labs and space for digital design, game design, and web design – to create more room for students to work and enjoy their time on the campus.

“We want to allow students to use all the 21st century media that people consume every day and have one place where students can go to create that media,” Dr. Richard Wilt, Dean of the School of Communication Arts, Computers and Technology, said.

Not only is the building being renovated, there are also some new technologies being installed. There will be more digital design technology, 3D printing and sound improving technology.

“As of right now, we have four stations where students can draw, they can model, and do various types of art,” Professor Scott Tice said. “Regarding the technologies, we have brand new computers and drawing tables.”

The digital design students also contributed to the process. They helped with designing the blueprints, conceptualizing, drawing and designing how they thought the building should be.

The WXLV Media and Design Center building will probably be finished sometime in December.



WXLV building renovation nearing completion

Disney program Fall 2019 registration open

Nico Peterson
Writer

Registration is officially closed for the Spring 2019 Disney College Program. But students who didn't make the cut-off date aren't out of luck because registration for the Fall 2019 program just opened. To apply, students need to go to disneycollegeprogram.com. The application window for the Fall 2019 program ends on January 15, 2019.

The program is a great resume booster and in addition to adding life experienced it counts for six college credits. Students will be able to stay on full time by taking at least six online credits. For the students who will qualify for the Spring program, the program will last at least four and a half months ending in May. For students who wish to

“Students often say it was the best thing they’ve ever done in their lives.”

stay longer, you have the choice of the Spring advantage program that runs until mid-August.

Once an application is accepted students will receive a call for a phone-based interview. Next, there will be a web interview. Only after completing all three tasks will students be entered into the program. When accepted, Spring students will be given a move in date in mid-January to early February. Students must make their own way to Disney, as transportation will not be provided.

When students arrive, they will

be placed into one of four housing campuses all at most a mile from all working locations. They will be assigned a job area ranging from merchandise and custodial, to attractions, lifeguard and quick service food and beverage. All working locations, other than the lifeguard position, will receive on-site training.

The Disney program is a great life experience and a great resume booster.

“Students often say it was the best thing they’ve ever done in their lives,” says Walt Sweedo, program liaison. Students who wish to enter the Disney program but missed the Spring deadline are encouraged to apply for the Fall 2019 program ending on January 15.

LCCC hosts salsa and Latin culture event

Jayden Steward

Writer

Lehigh Carbon Community College recently held a salsa dance and Latin culture diversity event on September 25, 2018, which was sponsored by the college's student life office and the LCCC Student Government Association.

The event was free and open to the public, taking place at both the Schnecksville main campus and the Donley campus. The event allowed students and other members of the community to celebrate and participate in salsa dance.

As students entered Berrier Hall, they were met by Tabitha Hitcheye, the business director and instructor of Sentimento Dance Company, and the student director of Dance and Artistic Expression Studio in Baltimore. With Latin culture in her heart, she proudly introduced and instructed students on

the salsa dance and the cultures that surrounds it.

Hitcheye, whose goal was to introduce, educate and inspire the community in dance, art, fitness and language through classes with children and adults, has done a great job on inspiring the students here at LCCC.

LCCC is home to a diverse population of students, with a wide range of academics and opportunities, the diversity among the students is engaging.

Some additional diversity events yet to come this fall semester include the Sexual Health, Intimate Relationship and Wellness Conference, which takes place Friday, October 19, 9 a.m. to 3 p.m., in the Community Services Center. Veterans Awareness Week will follow, from November 5 to November 10.



at Lehigh Carbon Community College, Schnecksville campus

Accelerated bachelor's degrees; six majors; one night per week; textbooks included; tuition locked; financial aid and scholarships available; now offering a minor in addiction studies

**1-888-253-8851 • SPS@ALBRIGHT.EDU
WWW.ALBRIGHT.EDU/SPS**

DISCOVER YOUR NEXT...



Party game made by former Parkland students

Jordan Veppert

Writer

Let's get weird. The motto for the new party game, *Whatever*, was displayed at the Americana Music and Makers festival at Eight Oaks Distillery in New Tripoli Saturday, September 15.

"It's like *Cards Against Humanity* meets *Truth or Dare*," Bret Ludlow says.

Ludlow, Ali Ludlow, and Brittany Jones are the three game creators that held down the party tent Saturday. The three Temple University Alumni came up with the game idea in college when they would make up their own dares with their friends.

"We would write them down and pick them out of a hat," Ali Ludlow says.

The team started developing the game by writing down the objective and rules in a word document. Then they had to come up with the "dares" for the cards.

If a card came up that wasn't funny or absurd enough, it would get chucked

it would be thrown away into the graveyard pile.

"We had a card graveyard", says Ludlow.

After developing a clear objective and rules the team was able to create a prototype that was sent around the country to survey what people thought about the product. "Do you like it, would you buy it?" asked Bret Ludlow during the surveys.

"It's like *Cards Against Humanity* meets *Truth or Dare*."

To market their products, *Whatever* creators raised \$13,000 on Kickstarter, an online idea sharing community, to design and manufacture their game.

The creators of *Whatever* are working on getting their game into

stores like Target and Barnes and Nobles, but for now you can purchase the party game on Amazon.



Photo of the packaging on the game

New restaurant offers students discount drinks

Devyn Pugh

Writer

Finding small, family owned restaurants is harder today than it used to be. When new restaurants open up, it is very exciting, especially for the town in which it opens. It creates a place where the community can go and meet up for a bite to eat.

Sage Alley located on Main Street in Coopersburg, Pennsylvania, opened early Summer of 2018. Heather Lloyd, one of the owners of Sage Alley, owned an animal business, Critter Corral, located on the same street for 21 years. It was a trip to another country that the idea of Sage Alley came about.

"It was an idea inspired by a trip to Germany," Lloyd says. "It was actually an entrepreneur opportunity to invest in commercial property on main street where I already had commercial property and a business of 21 years."

Sage Alley offers a unique experience. All of their food is made and served out

of a food truck placed on the back patio. Food options range from seafood pizza to baked macaroni and cheese.

As a part of the Lehigh Valley, the owners of Sage Alley are offering any student, staff or faculty member of Lehigh Carbon Community College one dollar off a drink of your choice. All you have to do is show your LCCC ID when you order your drink.

After only being open for a few months, Sage Alley has attracted many local and out-of-county people looking for a calm environment to hang out, eat and talk with their friends.

"I wanted to make a difference in my world," Lloyd states. "That's what inspired me."



Photo courtesy of Sage Alley
Fresh zucchini chips, great for a light appetizer

Why Penn State?



TOP 100 UNIVERSITY WORLDWIDE - Center for World University Rankings

#1 ALUMNI NETWORK - College Magazine

BEST VALUE PUBLIC COLLEGE - Kiplinger's Personal Finance

admissions.psu.edu/visit



PennState

Volleyball team goes on four-game win streak

Jayden Steward
Writer

The volleyball team was electric hot as it recently went on a four-game winning streak to begin their season.

The team, comprised of eight freshmen girls and one sophomore, was very excited during the winning streak, said Coach Chris Weber, the new volleyball coach named this season. "Our first goal was matching last season's record," Weber said. "From now on we have our eyes set on getting wins."

With wins on mind, the team is set on making the conference tournament this year.

The team would begin its streak competing in a tri-match, two matches happening in a row, at home on September 1. Although losing the first match, the team came out strong as they won the second game played that day,

beating PSU Lehigh Valley. The team would then host Luzerne County and County College of Morris, September 4 and 6, winning both games, improving their winning record to three and one. They would then extend their record to four and one, beating Lackawana College on September 8. Although still hot, the streak would then end after losing to Harrisburg Area.

"We are a force to be reckoned with this year," said Weber, when asked about the team and the effort they have been putting in so far this season.

"We are a force to be reckoned with this year."

As the season goes on, he believes they will only get even better and better until

next year. The team is supported by the great energy from the stands, with the loyal and loud fans the team already has. Students are encouraged to show support and add their voices to cheer on their fellow classmates.



The Volleyball team lines up to begin it's new set against the Community College of Philadelphia.

Halloween costumes scare into 2018

Emily Strohl
Writer

Lehigh Carbon Community College's Main Campus will be holding a Halloween costume contest and activity day on October 31, 2018 from 2 - 4 p.m. in the Student Union.

This year's costume contest is open to faculty, staff and students. Everyone is encouraged to dress up in their best homemade costumes. There will be judging that will occur in the Student Union from 2 - 3 p.m.

This year the Halloween committee is trying something different. They are going with a theme for the decorations, activities and costumes. The theme of this year's Halloween is Disney.

"We have never done a theme before so it is still a work in progress," says Gene Eden, director Student Life.

Looking at this year's costume trends online and in store, there are many different trends for Halloween 2018. In

store, the biggest Halloween trends are Fortnite and Tim Burton's Nightmare Before Christmas.

Nightmare Before Christmas is celebrating its 25th anniversary on October 29. This movie is such a big hit for Halloween and Christmas 25 years after its release.

Online costume trends are the Walmart yodel boy, The Incredibles,

flamingoes, unicorns, Disney villains, the 1980s, Riverdale, and Cardi B.

Cardi B made a huge hit this year with her song "Bodak Yellow". The Walmart yodel boy is a trending costume this year with his rise to fame from doing exactly what his name says.

If you need some Disney inspiration for this year's costume contest theme, The Incredibles and Disney villains

are trending. With the recent release of The Incredibles 2 and the love of Disney villains, homemade costumes are a little easier this year to make.

The theme of this year's Halloween is Disney.



BLOOMSBURG UNIVERSITY OF PENNSYLVANIA

Bachelor of Applied Science in Technical Leadership



FOR MORE INFORMATION
OR TO APPLY, CONTACT:

Carol Adukaitis, Ed.D.

cadukaitis@bloomu.edu

570-389-5135



- Earn a Bachelor's Degree with leadership and supervisory skills employers are seeking
- Designed for the working professional adult or new associate degree graduate
- Enroll part-time or full-time
- Transfer your AA, AS or AAS degree seamlessly to Bloomsburg University
- Convenient mix of online and onsite classes
- All onsite classes are offered in the evenings at LCCC
- Lower tuition cost than any private or state-related institution

bloomu.edu/bastl

LCCC grad advances career with BU BASTL



MICHAEL
GREER

Michael Greer '17 started working for B. Braun Medical in 2005 as a machine operator on an assembly line making tubing and other molded plastic devices, eventually rising to lead mechanic.

But with an associate degree in manufacturing technology from Lehigh Carbon Community College, the 35-year-old couldn't advance further without a bachelor's degree.

With a family and working full-time, however, going back to school didn't seem possible.

Until he heard about Bloomsburg's Bachelor of Applied Science in Technical Leadership (BASTL). Not only would the program accept all his LCCC credits, but having classes taught either online or at the community college made it flexible enough to fit in with his already full life. And his company, which supported the program, would help with tuition.

"This was a second chance for me and an opportunity to prove to myself that I can compete at a higher level," said Greer, who graduated magna cum laude from the BASTL program in May 2017. "I had a lot of self-motivation and the professors at Bloomsburg were fantastic."

Greer saw an immediate benefit from returning to school: In early 2015 he was promoted to production supervisor, overseeing more than 50 workers making over 500 products at 63 different workstations. While the position would typically require a bachelor's, his company took into consideration he was excelling in the BASTL program.

Before he entered the BASTL program, Greer said he found the idea of online instruction daunting. The virtual communication skills he learned from Bloomsburg have proved invaluable.

He also started MG Advising in 2015 after earning his IASSC Certified Lean Six Sigma Green Belt, where he helps people determine the right career path.

Greer credits the BASTL program with showing him what is possible and opening opportunities.

"This program is good for anyone who wants to get into a leadership position, whether a supervisor, manager, director or even just a group leader," Greer said.

Learn more at bloomu.edu/bastl

Fun Fall activities at Grim's Orchard

Hannah Mills
Writer

The leaves are changing and the temperature is finally cooling down. This means that people are looking for fun fall activities to do together. Look no further.

Grim's Orchard in Breinigsville is the perfect place to get outside this Fall and have some fun.

Their Fall Festival has a variety of activities for all ages at the orchard. In addition to the typical Fall activities like picking your own apples and a pumpkin patch, they have a corn maze, a hayride, an apple cannon, pedal karts and paintball practice. For children they also have a petting zoo and an activities corral. On Saturday nights you can also do the corn maze by flashlight for added fun.

A new addition this year is the apple cider press. After you purchase your

apples from the orchard simply take them over to the cider press and Grim's Orchard will turn them into cider for no additional charge. You can also mix several different types of apples to create your own special blend of cider.

When you visit do not forget to get a bite to eat. There are many options for delicious food at Grim's Orchard. Make sure you try one of their signature apple cider slushies. Other fall treats include apple cider cinnamon sugar doughnuts, kettle corn, ice cream, pies, homemade fudge and more. They also have hot dogs, pulled pork, sausage sandwiches, chicken sandwiches, french fries, and homemade soup.

When you are ready to leave, go check out The Dirty Boot Farm Market. You can purchase apples, corn, tomatoes and other fresh fruits and vegetables to take

the taste of Fall home with you.

Grim's Fall Festival's hours are Saturday, 10 a.m. - 10 p.m. and Sunday 10 a.m. - 6 p.m. until the end of October. They are also open all week from 10 a.m. - 6 p.m. for apple picking, pumpkin picking and the corn maze.



Flexible degree programs for women and men including online, hybrid and accelerated options ►

Learn more about our adult undergraduate and graduate programs and how they can advance your career.

Join us for an Information Session:
November 7, 2018 • 5:45 - 7:00 p.m.
2019 Dates: February 4, April 2

Nursing Open House:
October 25, 2018 • 5:45 - 7:30 p.m.

Saturday Admissions Appointments:
January 5, May 4 • 9:00 a.m. - 12:30 p.m.



**CEDAR CREST
COLLEGE**

School of Adult and
Graduate Education

RSVP online at sage.cedarcrest.edu/events
or call us at **610-740-3770**

Your time. Your terms. Your tomorrow.