# THE PAWEPRINT

Spring 2020 • The Student Newspaper of LCCC • Vol. 6 No. 3

### The Paw Preview

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Looking for some encouragement? Read Suli Contreras' op-ed on feminism. *Page 8* 

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Ever hear of Merchant Square Mall? Read Alex Schneck's article to learn more about this hidden gem.

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Did you know LCCC is hosting a Suicide Prevention Walk on April 5? Read Jenny Pacanowski's article. *Page 14* 

## Wanted!

Do you want to see your name in print here in The Paw Print? Consider enrolling in Journalism (CMN 225) for the fall 2020 semester. Help document student life and news while expanding your resume in the field of communications. Meet with your advisor and fit Journalism into your fall schedule.

# Coffee shop helps those in recovery

**Roger Engle** 

Writer

The opioid epidemic has made its way into the Lehigh Valley, but Hope & Coffee is looking to change that, one cup of coffee at a time.

Located in Tamaqua, Hope & Coffee is a non-profit business founded by Lisa Jane Scheller, a local businesswoman, politician, and contributor to Lehigh Carbon Community College. She says that the coffee shop's main purpose is to provide support for recovering drug addicts and to erase the stigma that surrounds recovery.

Sheller talks openly about her own recovery from drug and alcohol abuse saying, "I was going through my own introspection in understanding. I'm not really ashamed of my recovery."

The impact that the opioid crisis was having on her community, along with her own personal story, led her to the idea of opening Hope & Coffee.

"I came to the conclusion through some inspiration of some friends of mine, that my story can help people," Sheller said.

Hope & Coffee has been in business for



Photo by Stephanie Heffelfinger A fresh coffee from Hope & Coffee.

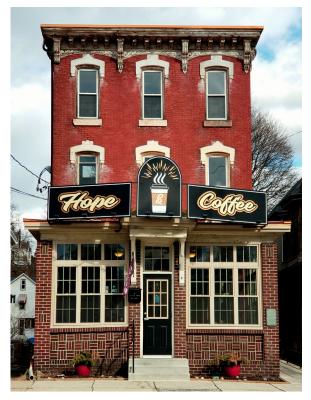


Photo by Stephanie Heffelfinger Hope & Coffee, located in Tamaqua.

almost two years, and it offers more than just coffee and pastries.

The shop hosts support groups for recovering addicts and offers employment opportunities for those in recovery. Various communities across the country have also reached out to Hope & Coffee to implement similar organizations in their area.

Students at LCCC can support this cause by purchasing their coffee and merchandise or donating directly through their website.

For more information on Hope & Coffee, visit hopeandcoffee.org.

### Contact Information

Please direct all questions, concerns, and comments to the following address: pawprint@lccc.edu

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## THE PAW PRINT | Words from the editors

**Stephanie Heffelfinger** Editor

When I first applied to college as a senior in high school, I was nervous. I was nervous to leave my friends: I was worried to move on from high school, and I was anxious to grow up. I knew



I didn't want to get a full-time job and waste my chance to get an education, so I knew that applying to LCCC was the right decision for me. What scared me was that mv 18-year-old-self had absolutely no idea what I wanted to do for the next 40 years of my life: I hadn't even been alive for half that time.

I saw myself doing many different things, not just one. I enjoyed reading, writing, and helping others, but I couldn't envision an ideal career involving those interests; I took a test to see what my suggested career would be based on my personality traits and emotions. It helped steer me toward a major I thought I would love, but I hated.

In the past two years, I tried different classes, majors, and jobs. I lost many old and gained many new friends, and I learned more about myself along the way. I let my failures and doubters motivate me, and I'm proud of myself for the talent, knowledge, and experiences I have learned. I earned two degrees and am taking more classes toward a bachelor's degree.

I embraced every new opportunity as a chance to learn, and I realized that nothing is ever permanent.

I was nervous to be a first-generation college student, but I learned to adapt.



It's no secret that the human mind remains powerful enough to create delusion, fear, and feelings of unworthiness. The scariest side effect is the way these ideas seep into each part of our lives and create changes that we might not have anticipated.



I've recently felt shifts in my life because of my own uneasiness about a decision I made. Before the summer of 2019, I had a job with great pay and an extra check every month for insurance. Over the summer, I decided to uproot my life in Pennsylvania and move to Texas. Living with my partner and her family for about a month while going to interviews in the heart of Houston, I quickly realized just how underqualified I was. I came back to Pennsylvania to finish my communications degree, and I've felt two ways about it. On one hand, I lost my old job. I didn't have any money in my bank account for the first time (the true college experience), and those feelings of being underqualified in the mist of top candidates has haunted me. I was 19 years old with a chip on my shoulder, and I thought I could do it, and I couldn't.

Fast forward to now, and I'm still without much money, and sometimes I miss my old job- or more truthfully, the benefits that came with it. But if I hadn't moved back. I wouldn't be an editor for the school newspaper. I wouldn't be able to change people with my words and have the opportunity to work with students. I wouldn't have gotten myself a job at Times News where I currently work.

Maybe those feelings of being out of place pointed me in the direction I was meant to go. Perhaps I like my life,

my job, and going to

college.

Houston another day.



# Information &

THE PAW PRINT is a student-run campus newspaper, printed to bring its students and community comprehensive coverage of the news and events affecting our campus. The editors encourage interested students to become involved in the production of The Paw Print. Interested students should contact the newspaper via email (pawprint@lccc.edu).

Students and community can also access THE PAW PRINT online at lcccpawprint.net. The newspaper will be updated twice per semester. PDF forms of the printed newspaper will also be accessible shortly.

body of the newspaper and governs its operations. The paper is dedicated to accurately reporting on the activities and proceedings on campus and in the surrounding areas. Opinions and views expressed in the newspaper are those of the journalists and editors, and do not necessarily reflect the views of

Lehigh Carbon Community College.

THE PAW PRINT reserves the right to make changes and corrections as they are deemed fit, and will not promote or advertise any illegal products or services. The newspaper will not The editors and advisors are the decision-making invade the privacy of people, involved or likewise, and will not print anything deemed libelous or in

THE PAW PRINT editorial policy reflects the ethics of college journalism. The paper, both as a whole and as the journalists invidually, strive to protect and uphold this policy at all costs.

# news features

# Train returns to Jim Thorpe's Winterfest

**Devin Strohl** 

Writer

In a world where winters are plagued by more rain than snow, Jim Thorpe created some excitement with their annual Winterfest this past February. For the last 28 years, Jim Thorpe has delighted its community of locals and tourists by hosting a festival filled with fun the whole family can enjoy. The 2020 Winterfest kicked off February 15-16. Guests engaged in a mug walk—where visitors stopped at businesses to pick up coupons and keepsakes to put into their official Jim Thorpe coffee mug—carriage rides, live music, ice sculpting, shopping and more.

Not only did the festival feature a large assortment of wintery activities, February 15 marked the official return of the Lehigh Gorge Scenic Railway. As a subject of much heated debate, the popular scenic railway was removed in late 2019. However, the borough and railroad owners came to an agreement early in February, and the sound of the train horns returned to the small town.

Matt Fisher, general manager of the Lehigh Gorge Scenic Railroad, was enthusiastic about the much-anticipated return.

"We're very happy to be back," Fisher said. "This is the fifth year we are back for Winterfest. The festival is very special to the area, and we're happy to help Winterfest stay successful."

Dubbed the "Switzerland of America," Jim Thorpe offers a variety

"We are very happy to be back. This is the fifth year we are back for Winterfest. The festival is very special to the area, and we're happy to help Winterfest stay successful."

of events throughout the year. In addition to train rides, March 14-15 sets the stage for the second annual Irish Festival in town, and April will see Earth Day celebrated in town square. Conveniently located next to Lehigh Carbon Community College's Jim Thorpe campus, Winterfest provides the opportunity to engage in many different heritages, cultures, and holidays.





**Photos by Devin Strohl**Crowds of people gather at the train station in Jim Thorpe.

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# Protect yourself from the invisible threat

**Akaash Shukla** 

Writer

In today's new world, your personal information is your most valuable asset. In fact, it is so valuable that right now there is a war being fought over it with all of us serving on the frontlines.

"We are at war. We are in the middle of World War III," says Sue Miner, associate professor of computer science at Lehigh Carbon Community College. "Only it isn't being fought on a battlefield, it is being fought on your computer at home."

When the world wide web was invented in 1990, nobody could fore-see what possibilities it would open. Activities like streaming movies and social media were so far out of the minds of these digital pioneers that concern for anything criminal was at a minimum level.

"The internet is not being used for what it was designed for, so it is vulnerable," Miner said. These people who are abusing the internet are not after your files. What they are doing is making an investment in you. Using your computer they can create a botnet, which is a network made by using multiple computers' networks that can steal data to access those devices and control them.



It is this breach of security that has caused the battle that we are fighting for our personal information.

"We are at war. We are in the middle of World War III, only it isn't being fought on a battlefield, it is being fought on your computer at home."

To protect yourself from this privacy invasion, it is important to verify that you are using secure passwords for your online accounts or different passwords for each account. Students can also buy virus protection software to ensure they are not endangered from an attack by malware or viruses. Visit stopthink-connect.org to learn more how to protect yourself from cybersecurity threats.

## License plate readers spark controversy

**Derek Kirsopp** 

Writer

In today's age of rapidly changing technology, police need tools to help solve crimes quickly. Since the Sept. 11 terrorist attacks, advancements in high speed surveillance have enabled law enforcement to track the location of all vehicles in America, sparking controversy due to privacy concerns. From the black boxes mounted on police cars to traffic light cameras and toll roads, surveillance is a \$7 billion business, according to a 2018 report by MarketsandMarkets

Automated License Plate Readers, or ALPRs, are high speed cameras capable of capturing 1,800 license plates per minute. Plates are cross-referenced against government and privately-owned databases. According to the American Civil Liberties Union (ACLU), billions of data files containing location and personal information for more than 150 million vehicles and drivers are

stored for access by law enforcement, U.S. Immigration and Customs Enforcement (ICE), and in some states, data mining companies.

Pennsylvania House Bill 1811 requires police ALPR data to be destroyed annually.

"The consequences of that data falling into the wrong hands can be devastating and can ruin lives. It is critical to protect that information," said Rep. Rob Matzie, the bill's co-sponsor.

Campus Safety Magazine reports that college campuses in Florida, Mississippi, Missouri, New York, Texas, and other states are now using ALPRs.

"To the best of my knowledge, LCCC has no plans to implement ALPRs but they are a great tool," said James Surgeoner, Director of Public Safety at LCCC and retired police officer. "I am a big fan of technology. Say you have Jane Doe,

a student with a Protection From Abuse Order in place (PFA), and John Smith is not permitted at her education facility. An ALPR would alert security that he was here and in violation of his PFA."

The constitution does not protect against mass surveillance, but ALPR blockers are considered illegal in most states.



# Changing majors is not the end of the world

#### **Makenzie Christman** Writer

After transferring to Bucknell University, Lehigh Carbon Community College alumna Mary Collier realized something wasn't right.

Originally an accounting major, Collier found that the major wasn't for her once she reached her upper-level courses. Instead, she opted to pursue something that fell more in line with her passions and changed her major to managing for sustainability.

Like Collier, many students change their majors. LCCC supports students who contemplate and later make the decision to change majors with advisors who are trained to guide them through the process.

LCCC advisor Christine Wargo sees many students who seek guidance for changing their major.

"It's very common for students

to change their major," Wargo said.
"There's times where students need
to change their major and they don't,
so I'm glad when they come to me to
discuss it."

Similar to Wargo's eagerness to help students find the right career path, Collier found that her mentors and advisor fully supported her decision.

"Luckily, I transferred to a smaller university so I had a lot of support through this process," Collier said. "Ultimately, this exploration process was guided by several faculty and staff members who helped me choose my new major."

While Collier quickly changed her major for the better, she understands that some students may feel uneasy doing so.

"I think some students may be afraid

because they view switching as they took courses 'for nothing' or they may be worried that they might need an extra semester or two to fulfill credit requirements," Collier said. "However, taking courses outside of your major makes you a more well-rounded student and job candidate and there doesn't have to be a set timeline on graduation."

Wargo says she understands students worry about getting delayed, buy telling them they don't have to start from scratch help alleviate their anxiety.



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# 6 THE PAW PRINT

# **Opinion**Fame is overrated

#### Stephanie Heffelfinger

Editor

With the internet and demand for celebrity stories increasing rapidly, fame has become overrated and lost its value.

In the past, it took an extraordinary amount of skill to become famous. Now-adays, with the internet and social media outlets, fame has become much easier to achieve, and more and more people crave it. People can now become famous at the click of a button by posting a photo or video and going viral within hours.

Fame has its luxuries like expensive cars and mansions, but with stardom comes the price of giving up your privacy and freedom. Say goodbye to simple



tasks like going to the grocery store, shopping in sweats, or dining peacefully at a restaurant, and say hello to crowds of people constantly swarming you. Paparazzi will catch every makeup-less moment, weight gain, breakup, and breakdown.

Some may argue that fame would simply take away all their problems, but it can cause more issues by raising anxiety, depression, and loneliness as it's difficult to leave the house without becoming a headline. Paparazzi are always there to follow, investigate, report on, and critique famous people. This can be exhausting and lower mental health as celebrities have a constant expectation to look and act perfect in the limelight. This pressure has previously driven stars like Britney Spears and Kanye West to their breaking point.

Celebrity gossip makes interesting, high-selling stories. The whole world is virtually involved in celebrity's day-today breakups, milestones, and downfalls. These are the side effects of fame: losing privacy, security, and, sometimes, sanity. Wealth can also make it harder to trust people in friendships and romantic relationships. Fame does not guarantee happiness, freedom, or mental sanity, to say the least.

Everybody wants to be famous, until fame takes control of their life, and they can't go back to being normal. The truth is, for those who have goals of peace, travel, and happiness, fame isn't necessary for a meaningful life. I can make money, see the world, buy a big house, and most importantly, live in privacyone luxury most celebrities don't have.

Sure, living in a mansion would be nice, but not nice enough to say good-bye to my freedom, sanity, and security. I'll take peace and quiet over fans and paparazzi any day. To a small-town girl like me, fame is overrated.

## The world needs more feminists

#### **Suli Contreras**

Editor

Feminism is the idea that women deserve to be placed on a pedestal and worshipped while men bow their heads in honor, kissing the ground they walk on. Or at least, that's how the media portrays it.

Contrary to popular belief, the purpose of feminism is to advocate for equality of the sexes, rather than to make men feel guilty for existing. It is recognizing that we need to integrate more women into our education and history, rather than singling out white men and their impact. It is looking critically at literature, social media, and even advertisements with regards to how women are objectified and oversexualized. It is breaking the notion that femininity should be defined as being "gentle and soft" because we are beyond these dainty



adjectives.

Through my women's studies course this semester, I have entirely redefined what it means to be a woman for myself. I developed a deeper understanding of the inequality women face politically, socially, and economically. The discrimination exists beyond feeling threatened walking alone on the streets at night. We as women dread the lack of access to reproductive healthcare, lower wages, and

having our voices silenced with the fear of being called "hormonal" and "crazy" as a dismissal. The reality is that men in social systems make decisions that affect women, and women are incredibly more powerful than being someone else's decision.

What can we do to change that? For starters, rework the mindset of, "What if this was your mother, your daughter, or your sister being treated that way?" Instead, it's about having respect and valuing inclusion for a fellow human being, regardless of their relation to you or if they even identify along the gender binary or not. Compassion and realization of our own privileges are required to make not only our nation safer and more accessible for women, but to improve conditions for women worldwide.

# Vegetable soup should be vegetable soup

Maria Rehrig

Editor

There comes a time in every vegan's life when they're stuck at an unfamiliar restaurant, whether it be a last resort after a long day or the place of choice between friends planning to meet. Trying to make the best of it, the vegan will scan the menu for something to eat of substance- not fries, not salad. They're hungry, and they need something nutritious. Then, it appears:

Chef's vegetable soup contains: zucchini, carrots, tomatoes, potatoes and seasonings.

The feeling is bittersweet. First, a flash of hope that a viable option was found-then floods in reality. The waiter approaches and it's time to ask what they already know, "What kind of broth do you use?"

"Chicken."

"I'll take the fries."

As someone who follows a plant-based diet, it disappoints me how many times this has happened. Sometimes I'll ask why

they choose not to use vegetable broth and I've received a variety of answers, but the one that stood out: "Our recipe has been passed down for generations."

The truth? It's not just vegans who would benefit by the slight change of a recipe- it's the people who have allergies to certain meats. It's the people who have high levels of cholesterol and order something like vegetable soup thinking it doesn't contain any.

It's easy to write off the need for an entirely plant-based dish due to something generational. Albeit, the owners of the restaurant probably have never given it a second thought before I asked and that was the easiest explanation they could offer. But in response, I propose that if we stop thinking about others, we stop innovating. If we mindlessly continue the traditions of our great-grandparents, there would be nothing offered to those with specific needs. Say goodbye to non-dairy products for those who follow a vegan diet or for the

70% of the world's population that simply cannot digest dairy. Gone are the conditioners designed for the hair of African American women. Farewell to the gloves that translate sign language into spoken word to bridge the gap between the deaf and hearing. If none of these groups were considered, the most important need-specific creations wouldn't exist.

Next time you notice vegetable soup on the menu, ask what kind of broth it contains. It may seem silly if you've never had to ask the question before, but asking these questions generates the notion that something needs to change.

It may not be the most pressing issue in the world, but for the famished vegan or vegetarian who hasn't eaten all day, it feels like it.

To fellow vegans- we're almost there.

To those who want to help the cause-thank you.

And to all of the restaurants in question-I challenge you to care.

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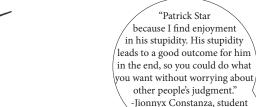
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"Harry Potter is inspirational and like a role model to me." - Zoey Seidel, student







because he was able to show weakness and vulner-ability, but he was still super-human. He didn't have a father figure and neither did I, and he was still able to save his city even against the odds."

-Chanaly Rodriguez, student

"Spider-Man



"It has
to be Susie from
Rugrats. I thought it was awesome
to see someone who looked like me on
T.V. but also portrayed as really influential
and dependable."
-Laveranda Jarnagin, student









"Spider-Man because
he was always facing greater odds
and always having to hide his face from
fear, but he still stood up for things that
seemed impossible and fought for all that
he could."

-Jordan Cordero, student





"I would say
Stitch because Lilo
invited him into their
home and treated him like
family. It taught me that
someone can bring you in,
and they can treat you better than your own family."
-Shimoy Slater,
student



"I'd say Nani because my little sister is literally my Lilo. I love her, and I'm always going to stick up for her. I feel like she's a perfect example of what a big sister should be." -Shawnea Slater, student

# 10 the paw print

# stylesentertainment

# How to fix a dull weekend

**Alex Schneck** Writer

You have no plans, but you're eager to get out of the house so your weekend doesn't fade into oblivion. Sound familiar?

Merchants Square Mall is the answer. It's tucked away behind the railroad tracks off Lehigh Street in Allentown.

"Merchants Square Mall. It's a great place to shop," said Darrell Slaughter, owner of Custom Leathersmith in Merchants Square. "There is a lot of interesting, eclectic stuff that you might not see any place else."

Antiques and collectables make up most of the businesses at Merchants Square. However, there is a showroom that has events almost every weekend, like themed flea markets and collector conventions. In addition, there is a food court just before the show room entrance that serves made to order food like burgers and fries.

K.D. Smith & Son Auction Co., located near the front entrance of Merchants Square, fills their showroom with about 6,000 unique items every month. From vinyl records to comic books (and everything else in between), there's a vast amount of entertainment at K.D. Smith & Son Auction Co.

On the upstairs floor is a retro arcade that specializes in the classic arcade experience. Back to the Arcade has vintage game cabinets with titles such as Pac-Man, Centipede, Galaga, and Asteroids, as well as pinball, Skee-Ball, and bubble hockey. They also have a high score board to show off the best players for

certain games.

Merchants Square also has handmade crafts. Custom Leathersmith is a niche leather shop located downstairs that can make and/or repair virtually anything made of leather. Belt buckles from a variety of shapes and sizes are also available at Custom Leathersmith.



**Photo by Alex Schneck** Inside of Back to the Arcade

## Barnes & Noble hosts book club

Kayla Pasquariello

Writer

On a windy February evening, a committed group of book lovers left their cozy homes to attend their monthly book club. Both new and old members met up to discuss the book of the month as well as drink coffee and snag some free samples that the café baristas passed around for customers to try. Even before the meeting officially started, the members talked amongst themselves about the latest books they've been reading outside of the club and whatever else is going on in their lives.

This happens each month at Barnes & Noble in the Lehigh Valley Mall at 7 p.m. on the first Tuesday of every month.

"It's making me stretch myself as far as reading. It's making me try different things and read books that I never would've read before," said Judi Doyle, a book club attendee.

"It's making me stretch myself as far as reading. It's making me try different things and read books that I never would've read before."

The book club's director selects a new book from a different genre every month. Once the book is chosen, an email is sent out to everyone on the mailing list detailing which book is the next pick. If someone is not on the mailing list, there are typically free bookmarks at the registers that indicate the book of the month as well as the time and date for the next meeting. From there, those who are interested in attending the book club meeting can either reserve a spot or they can show up in person that day.

For the more information on the next book club meeting, visit barnesandnoble.com.



**Photo by Kayla Pasquariello** Book club members gathered around to discuss 'Dear Edward' By Ann Napolitano.



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## LCCC offers theater classes

#### Jasmyn Romanishan

Writer

There is no shortage of drama at Lehigh Carbon Community
College. Professor Ben Peruso's theater courses offer everything from the history of theater arts to performing in front of a live audience.

Peruso teaches Intro to Theater
Arts and Acting I to anyone interested
in learning more about theater. Peruso
noted that the classes are transferable and
the extra skills look great on a transcript.
The classes don't have to be taken consecutively but students are trained to be in
the acting or theater profession. Students
who participate in the classes learn the ins
and outs of theater and they also experience performing.

"We are working towards a progressive program that will eventually be full-scale performances," Peruso said.

Students have the chance to perform a showcase that includes snippets of plays. The showcase gives students the opportunity to perform in front of a live audience without putting together an entire production. These small showcases are put on at the end of the semester and are open to the public. They are performed in the school's auditorium.

In Acting I, students perform, create resumes, get their headshot photos taken, and register with an agency to get work. Past students have worked on television shows and been in full



productions.

The theater classes are available for anyone to take, not just theater or film majors. To learn more about these courses, contact Professor Peruso at



Photo by Jasmyn Romanishan John Santana, left, and Alessandro DiBiase practicing for the showcase.

## Rescue holds Painting with Puppies event

#### Samantha Kramer

Writer

Led a Painting with Puppies event at the Hometown Pet Center in Coopersburg on Feb. 9 to help raise money for the organization.

People of all ages gathered to paint a winter-themed, heart-shaped plaque and to meet the animals up for adoption.

"The event is sold out with about 28 people," Deanna Colagio, owner of the Hometown Pet Center, said.

People may assume rescue animals are limited to dogs and cats, but Logan's Heroes also has small, furry animals and even barn animals.

As guests enjoyed painting their plaques, they had the opportunity to meet Turnip, a female pit-bull terrier shepherd mix, and Bonnie, a domestic pig, who are both currently available for adoption.

Samantha Dittmar, a volunteer for the rescue, and Turnip's foster mom, said, "Turnip is about a year old. She



Photo by Samantha Kramer Winter-themed, heart-shaped plaque.

has a lot of energy, but once she calms down, she is so affectionate. She's just a cuddle bug."

Dittmar has been volunteering and fostering for the rescue for six months, and Turnip is her fourth foster.

According to Diehl, Logan's Heroes

#### "She has a lot of energy, but once she calms down, she is so affectionate. She's just a cuddle bug."

has hosted similar events every month since October at the Hometown Pet Center and plans to continue doing so in the future to help raise money for all the adoptable animals.

Renee Garin, a guest who attended, found out about the rescue through her Facebook events page.

"My aunt and I like to do the charity and wine events; we want to support a good cause," Garin stated.

All proceeds that are donated and raised for the rescue go toward food, veterinary care, medicine, and foster care for the animals. For more information about future events, visit Logan's Heroes Animal Rescue's Facebook page or lharinc.org.

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# healthsfitness

# Suicide walk aims to lift stigma

#### Jennifer Pacanowski

Writer

A young woman laying in a bathtub with slit wrists, a man in camouflage puts a gun to his head, a young person wearing black swallows' pills in the bathroom; the stigma surrounding suicide prevents those in need from seeking help.

Lehigh Carbon Community College is preparing for its 2nd annual suicide prevention walk in partnership with the American Foundation for Suicide Prevention (AFSP).

"At LCCC counseling services, we see a lot of students struggling with mental health," stated Lauren Falgout, a mental health therapist at LCCC. "Many times suicide comes up in sessions. It's not only real in Pennsylvania, but real on the LCCC campus."

Suicide prevention means a lot to Falgout, professionally and personally. In 2019, Falgout followed her passion for saving lives by asking Director of Counseling, Brian Delong, to support her vision to bring the suicide prevention walk to campus. Not only was he open to the idea, but Falgout felt that the school approached suicide prevention with open mindedness and no barriers.

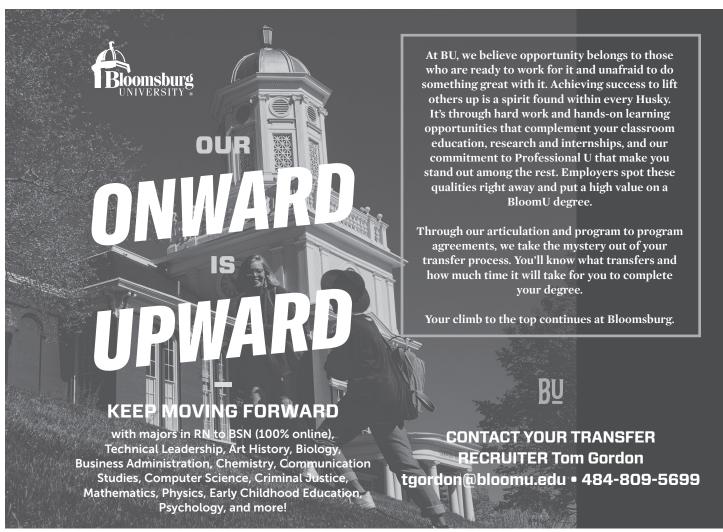
According to AFSP, Lehigh Valley has one of the highest suicide rates of all of Pennsylvania, with 1 in 5 students on college campuses so stressed they consider suicide. The goal of the walk

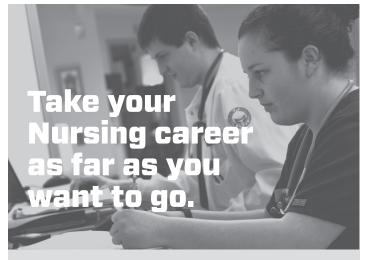
is to bring awareness to suicide and also provide resources for students, veterans, survivors, and those struggling.

Local mental health facilities are signing up to have outreach tables at the walk including the Allentown VA, Crime Victims Council of Lehigh Valley, Turning Point of LV, and Lehigh County Crisis and Intervention. Members from the LCCC counseling center will also be in attendance to show their support.

LCCC students are encouraged to join the walk on April 5. Registeration begins at 10 a.m. in the Community Services Center, and the walk begins at 11 a.m. For more information, visit afsp.org/lccc.







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# BASTL program lets writer earn a degree while working

Alicia K. Durst's love of writing led her to take communications courses at Lehigh Carbon Community College, but she never thought about pursuing a bachelor's degree.

"I was the campus editor for the student paper, Paw Print, and from there I got a job in the College Relations Office."

Most of Durst's work involved writing alumni magazine stories and taking event photos. But then she was asked by 3Seed Marketing,

Design  $\delta$  Interactive, which helps promote LCCC, to provide a testimonial as a student.

"Little did I know the questions I was asked during the commercial was also my job interview," said Durst, who joined 3Seed part time in April 2018 and soon became a full-time marketing coordinator.

"Soon after I was hired I wanted to go full time, and my bosses wanted me to go full time, but they didn't want to hold me back from getting my bachelor's degree," she explained.

She knew that Bloomsburg University's Bachelor of Applied Science in Technical Leadership degree was for her.

Bloomsburg accepted her associate credits, allowing her to complete the program in four semesters, and the flexible online classes at LCCC fit her work schedule.





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